[Loai: ĐIỀN TỪ ĐỀ 13 – 5 CÂU]

[Q]

**Read the following passage and choose the correct answer to indicate the correct word or phrase that best fits each of the numbered blanks from 56 to 60.**

We all know that too much animal fat is bad (56)\_\_\_\_\_\_\_\_\_\_ our health. For example, Americans eat a lot of meat and only a small amount of grains, fruit and vegetables. (57)\_\_\_\_\_\_\_\_\_\_\_\_ their diet, they have high rates of cancer and heart disease. In Japan, people eat large amounts of grains and very (58)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ meat. The Japanese also have very low rates of cancer and heart disease and they live longer than anyone else in the world. When Japanese people move to the United States, the rates of heart disease and cancer increase when their (59)\_\_\_\_\_\_\_\_\_\_\_\_\_changes. So, we should eat more grains, fruit and vegetables and eat less meat and fewer (60)\_\_\_\_\_\_\_\_\_\_ products.

**Question 56:**

0. to

0. at

0. of

1. for

[Q]

0. Instead

0. Instead of

0. Because

1. Because of

[Q]

0. much

0. many

1. little

0. few

[Q]

0. health

1. diet

0. energy

0. products

[Q]

0. cereal

0. healthy

0. grain

1. diary